



Quixote Expeditions

Packing List for Beagle Channel, Isla de los Estados, & Antarctica Trips

Head

- A Good warm hat (fleece or wool)
- Buff or neck warmer (helps keep out the wind)
- hat for shade (baseball cap or some type of sun hat)
- Sunglasses (ensure they are on the darker side – there will be glare from water and snow. (Ideally polarized, but not necessary)

Feet

- 4-5 pairs of wool socks
- Rubber boots (we **HIGHLY recommend** Muck boots Arctic Pro or Arctic Sport– they are warm and can be used for nearly all but the most strenuous hikes). Normal rubber boots will keep you dry but will not keep you warm.
- Indoor shoes (crocs are recommended. Inside we have a “no outdoors shoes” policy)
- Hiking boots (recommended, but not necessary if good rubber boots are brought, we find 90% of our time ashore we stay in our rubber boots)

Hands

- Ski gloves or mittens
- A thin pair of inner / liner gloves
- Rubber insulated gloves. Examples include:
 - Wells Lamont 194 Heavy Duty PVC Coated Work Gloves with Winter Lining and Gauntlet Cuff
 - Atlas Glove 460 Atlas Vinylove Cold Resistant Insulated Gloves

Upper Body

- 2-3 long underwear shirts (polypropylene or merino wool – we find merino wool is warmer and smells less in the long run)
- A mid layer (fleece is a good option)
- Wet weather gear (sailing jacket or goretex hiking / rain jacket will work)
- 1-2 t-shirts (not cotton, athletic, synthetic type shirts)
- An outer warm layer, either a down or synthetic down jacket. (no one has yet been sad that they brought a down jacket)



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Lower Body

- 2-3 pairs of long underwear (polypropylene or merino wool – we find merino wool is warmer and smells less in the long run)
- 1 Pair of Fleece pants
- Rain pants or sailing bibs (water proof – essential for going ashore)
- 1 pair of shorts

Other

- Soft Travel / Duffel bag (pack your stuff in this bag. Do not pack semi rigid or rigid bags. We do not have space for most roll type bags. Space is limited on a sailboat and a hard case suitcase is difficult to handle and even more difficult to store)
- Daypack / Backpack for day trips ashore
- Personnel electronics (please bring everything you need for all the electronics that you bring – spare batteries for cameras, enough memory for cameras, chargers, etc. We will have 12 volt outlets available (same as in a car) and 220V power (with Argentine type plugs) please bring chargers and adapters as necessary. If you plan on doing extensive photo editing while onboard please bring your own laptop to do so)
- Toiletries and Personal medications (while the vessel has a medical kit please bring all medications that you will need on the trip, plus your own personal supply of bandaids, lip balm, ibuprofen, etc. Also please bring sunscreen, between the water and the snow exposure is high)
- Seasickness medicine (all sailors do and can get seasick. You never know when and where it may hit, so even if you think you are tough, we recommend bringing some. We often take it ourselves as prevention at the start of many trips – especially when crossing the Drake passage)
- Music (ipods, mp3 players, iphones, etc; we can connect to our stereo system)
- 1 liter water bottle (we find the camelbak bottles with straw work well for rough weather)
- Collapsible trekking poles (recommended, but not essential.)

We have a partnership with a company that sells and rents gear. The gear rental can be picked up in Ushuaia – eliminating the need to pack and haul your gear around the world or buy gear you only need once. Many of our guests have found this especially useful for renting the Artic Pro muck boots.

<http://quixote.newheadings.com/>

If you have any questions about the above, please DO NOT hesitate to ask us. Better to ask, rather than show up with the wrong gear. We are happy to help. Correct gear can make all the difference in the enjoyment of your trip.